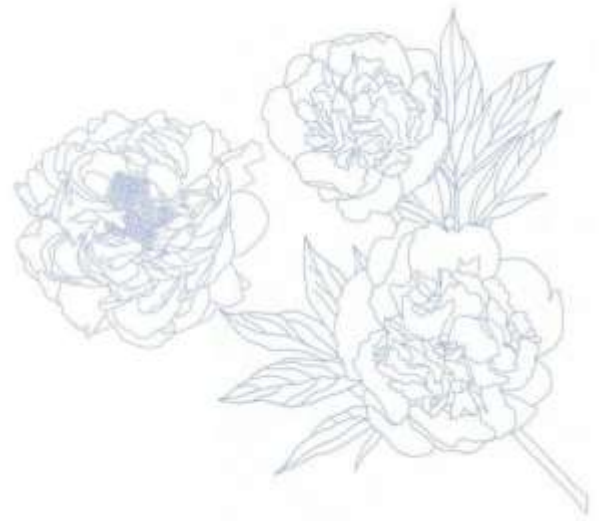
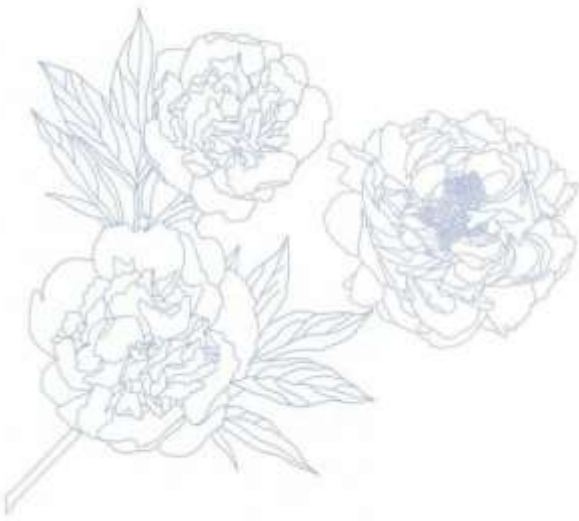


Images and words to accompany the audio version of 'The Grief Garden path'.  
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The poppy – This illustration was inspired by a real story shared about a very loved nanny. I didn't use the story in chapter 3 but had the poppy illustrated for her as it was she that gave me the idea to ask each person who I did include what they might like to represent their loved one.

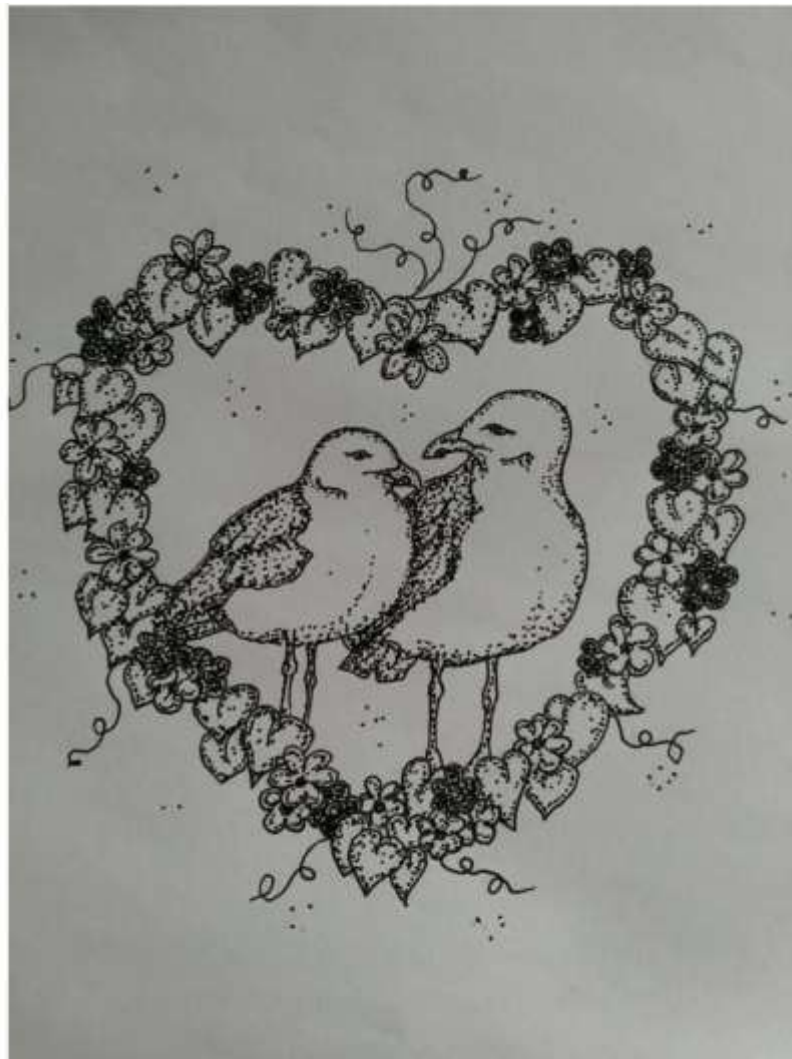


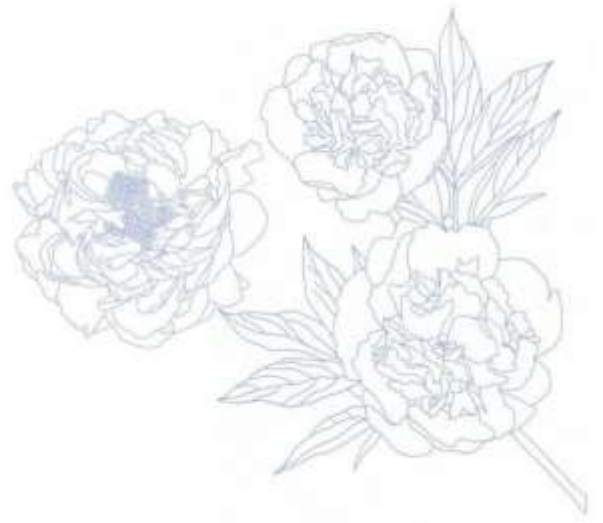
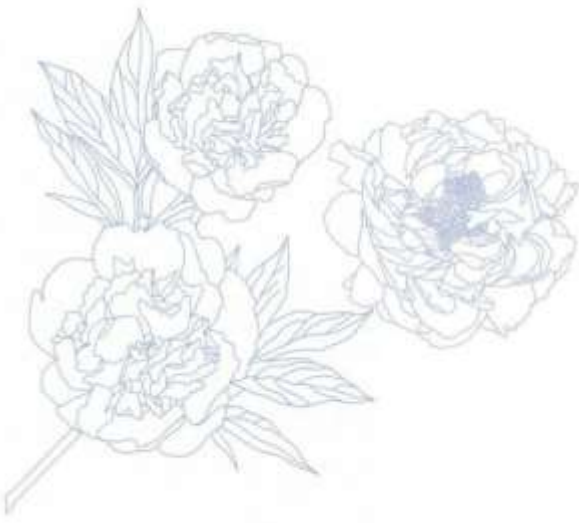


Track 6: Inspiring Quote: 'Where are you on your journey along your grief garden path'?

Track 8: Inspiring Quote: 'The waves do begin to settle and calmer waters return'

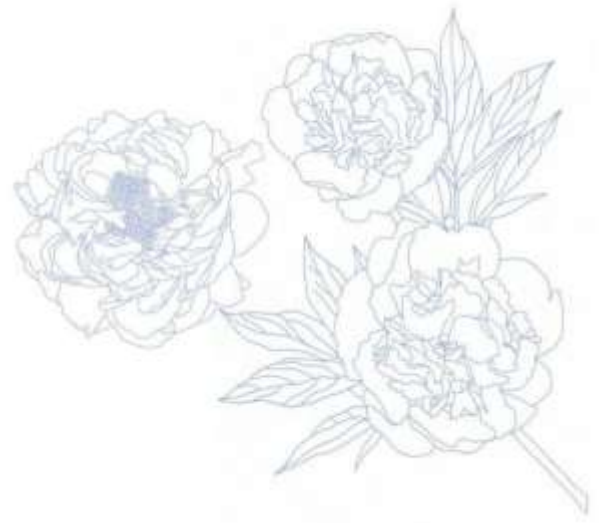
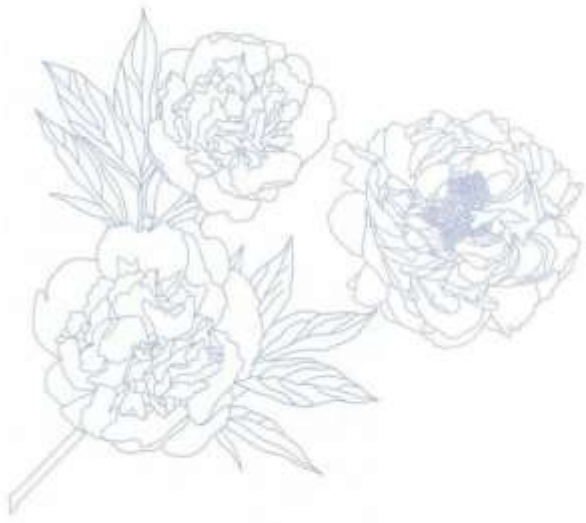
Track 9: Cybil and Cyril – the seagulls

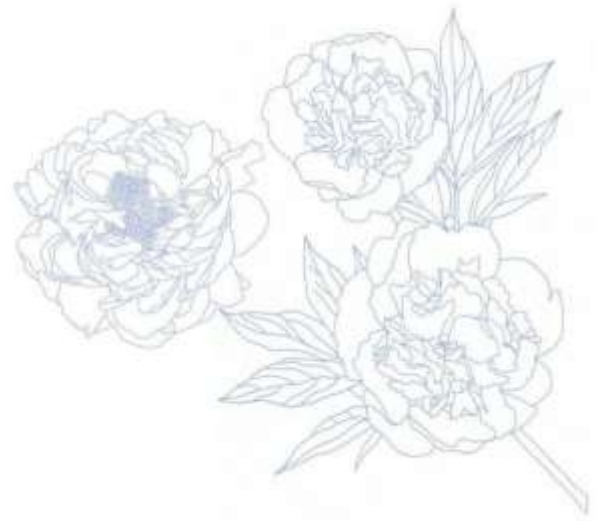
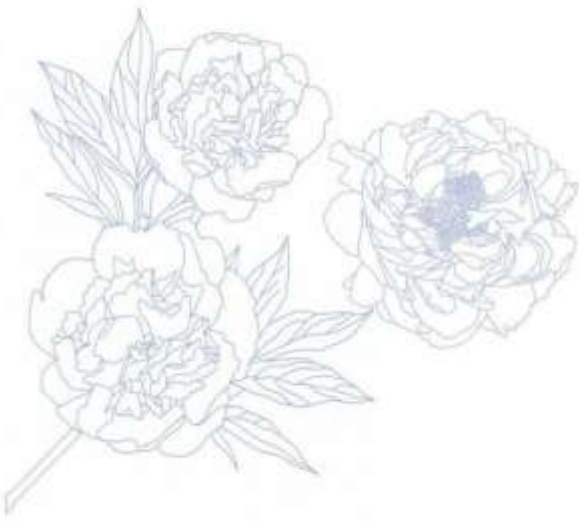




Track 9: Peggy celebrates 99 years on planet earth!



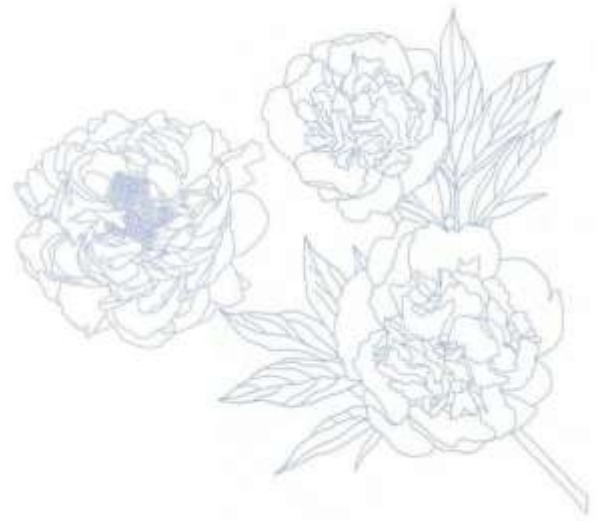
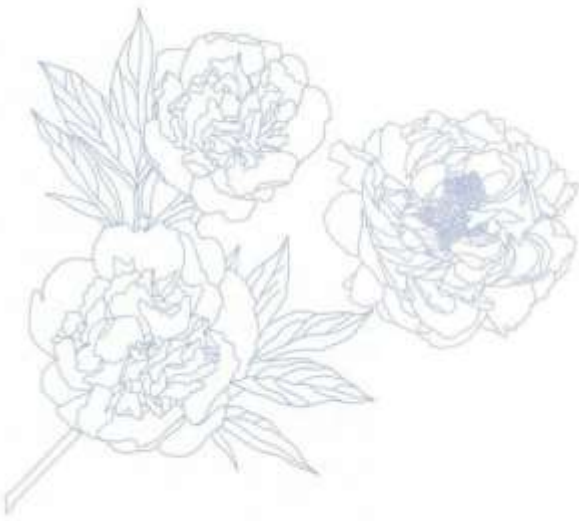




Track 10: Inspiring Quote: 'Your loved one will always be in your heart and mind'

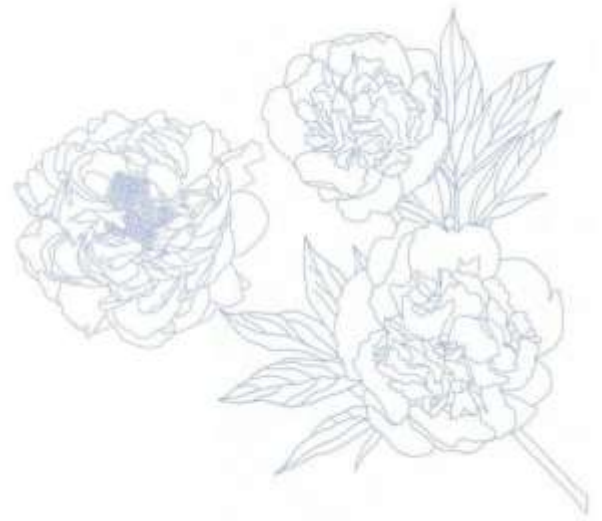
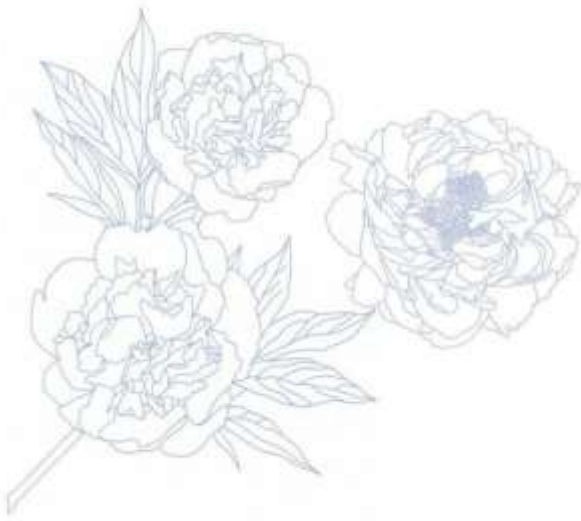
Track 12: Sarah's story the loss of a loved baby: Sarah chose a baby narcissi to represent her beautiful baby Olivia Grace





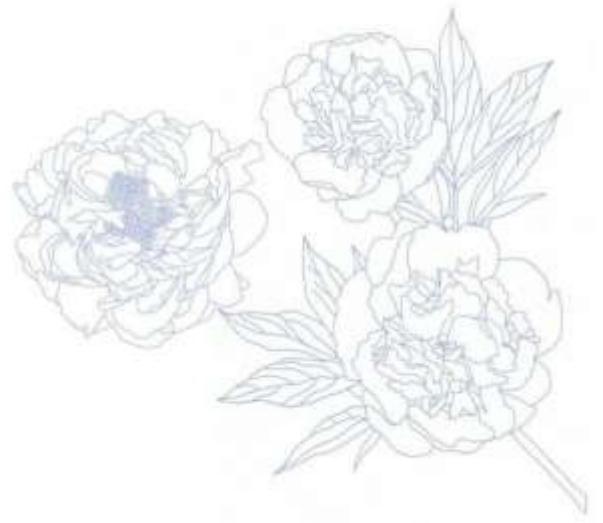
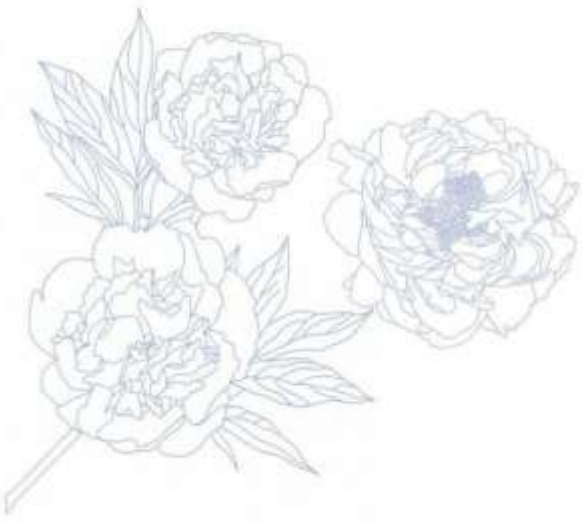
Track 13: Julie's story the loss of a loved child: Julie chose a pheasant to represent her beloved Jonathan



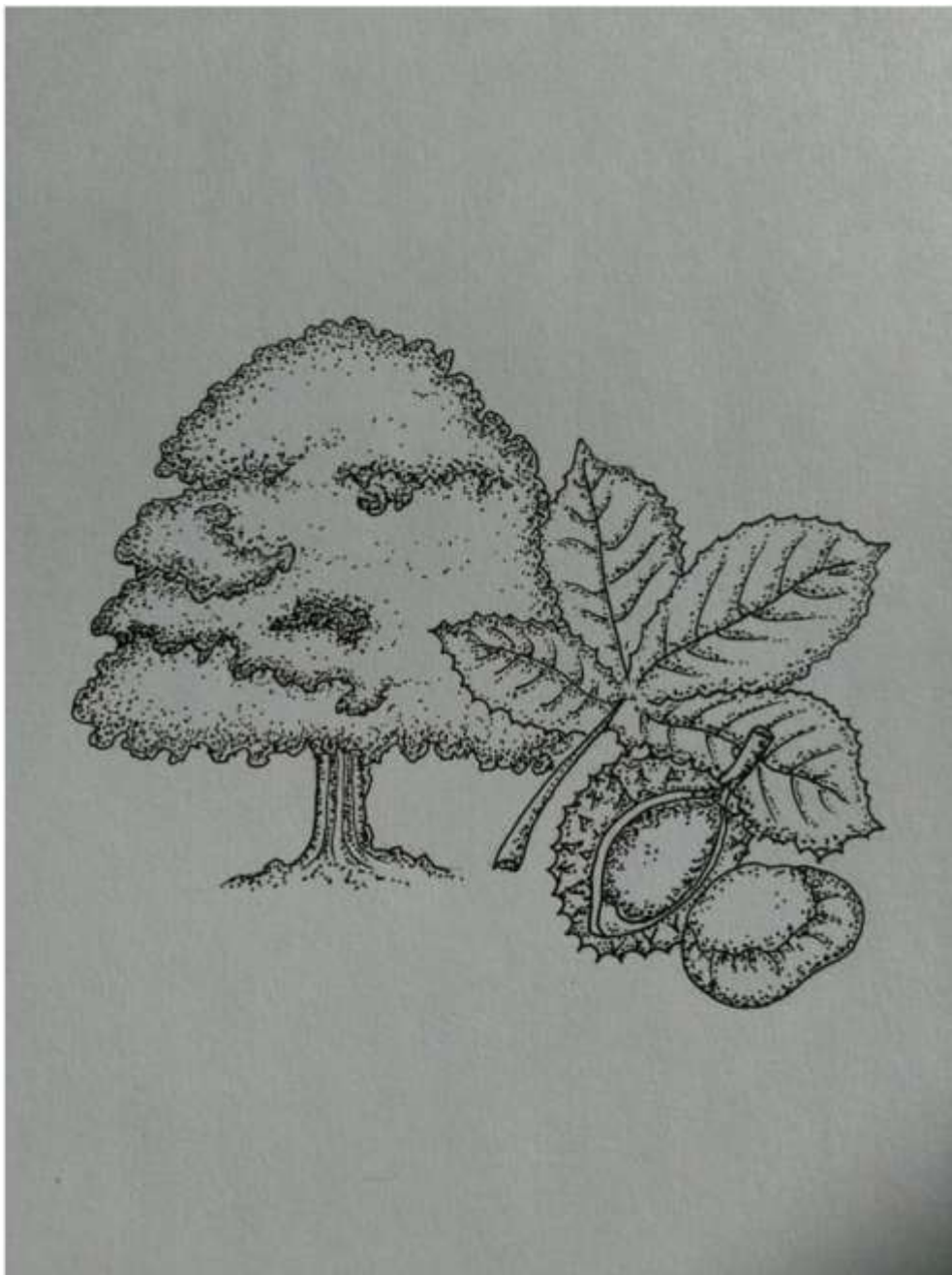


Track 14: Ian's story the loss of a loved sibling: I actually chose the little tin soldiers to represent Ian's little brother Keith and I surprised him at the launch of the hard copy of 'the grief garden path gift book' in 2019 with a framed copy of the picture of his brother's toy soldiers. He was blown away ●

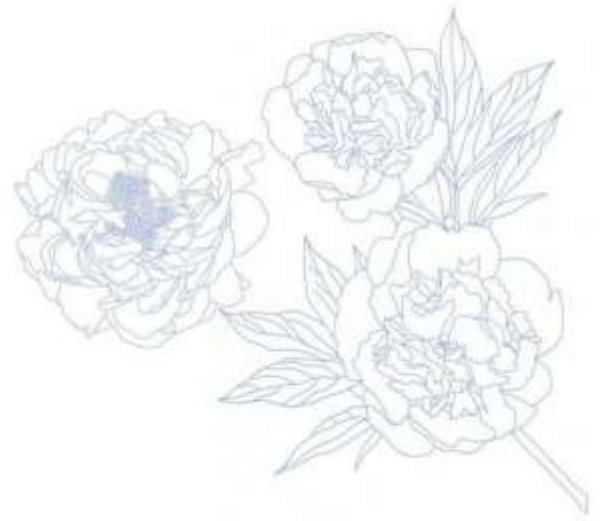
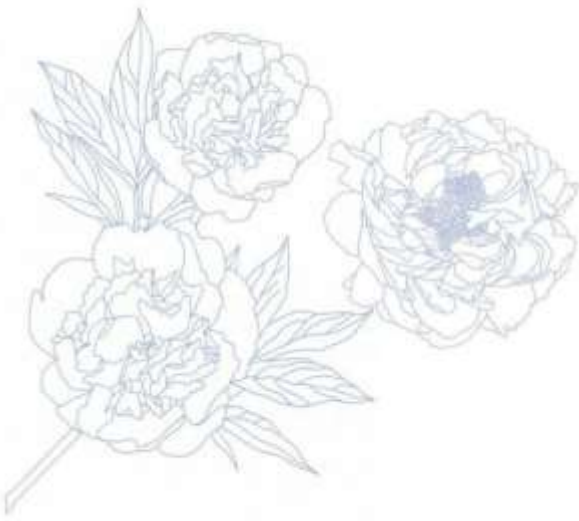




Track 15: Amy's story the loss of a loved parent: Amy chose a horse chestnut tree to represent her Dad

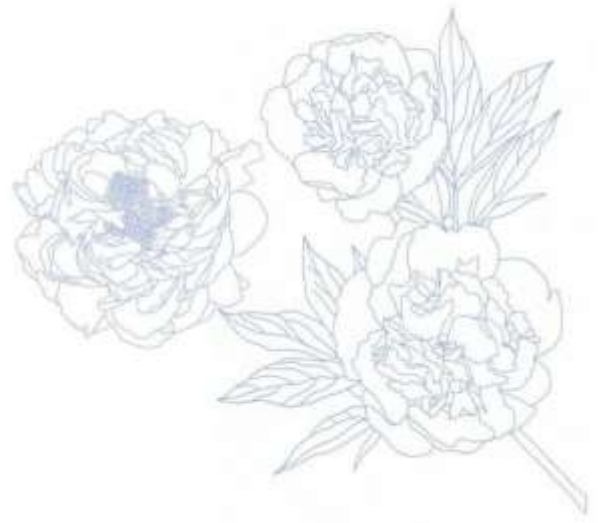
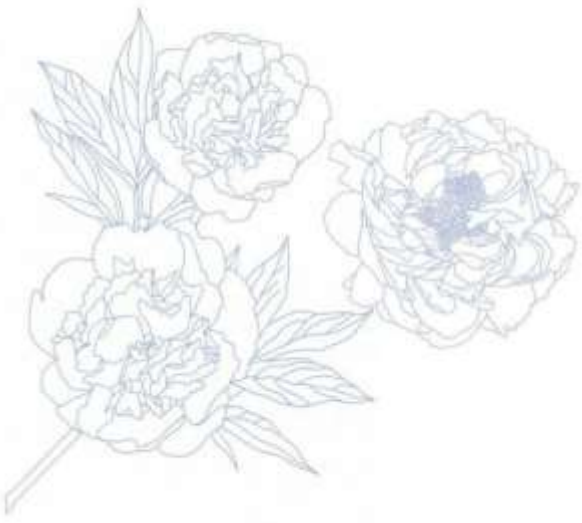




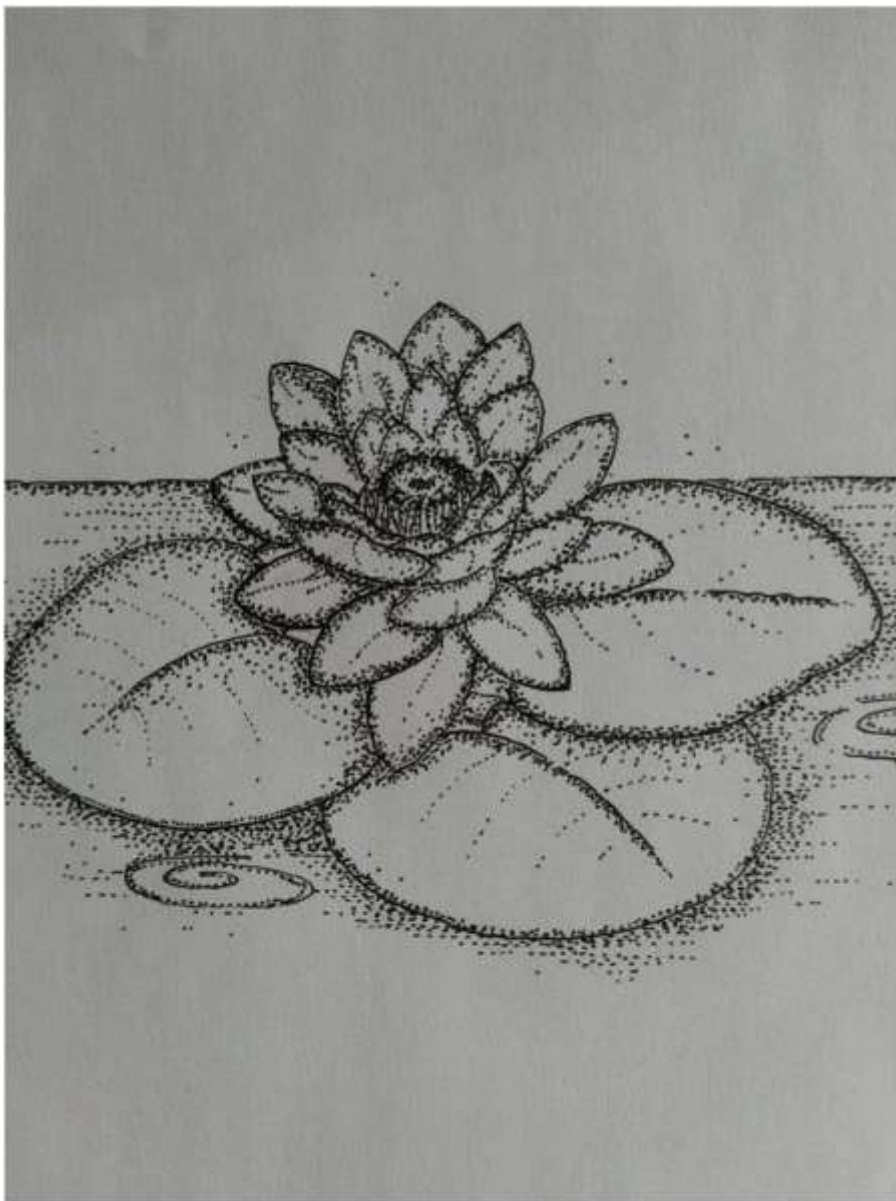


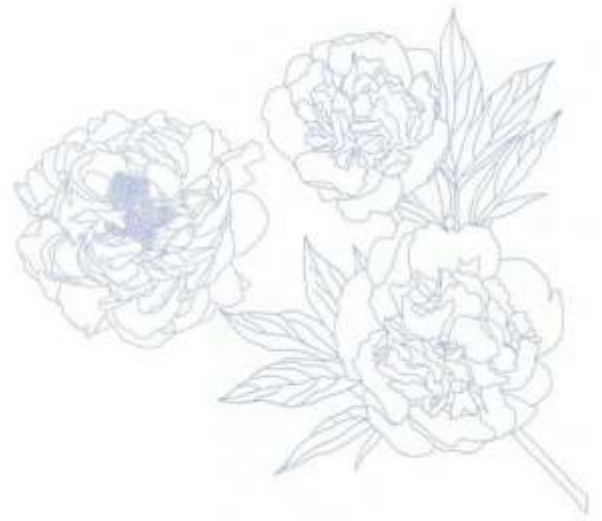
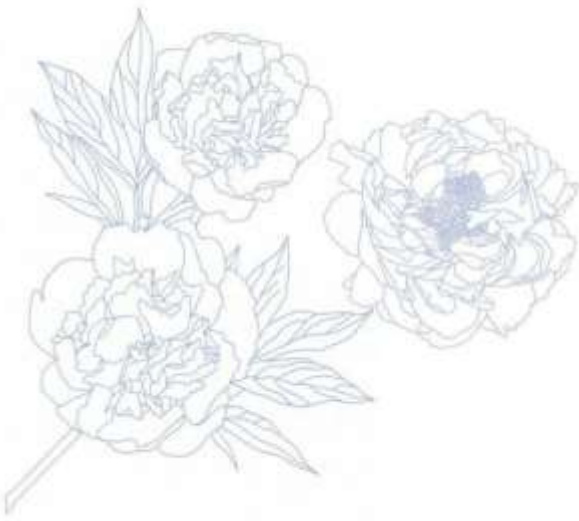
Track 16: Ilsa's story the loss of a loved grandparent: Ilsa's grandmother loved sweetpeas and these represent her here.



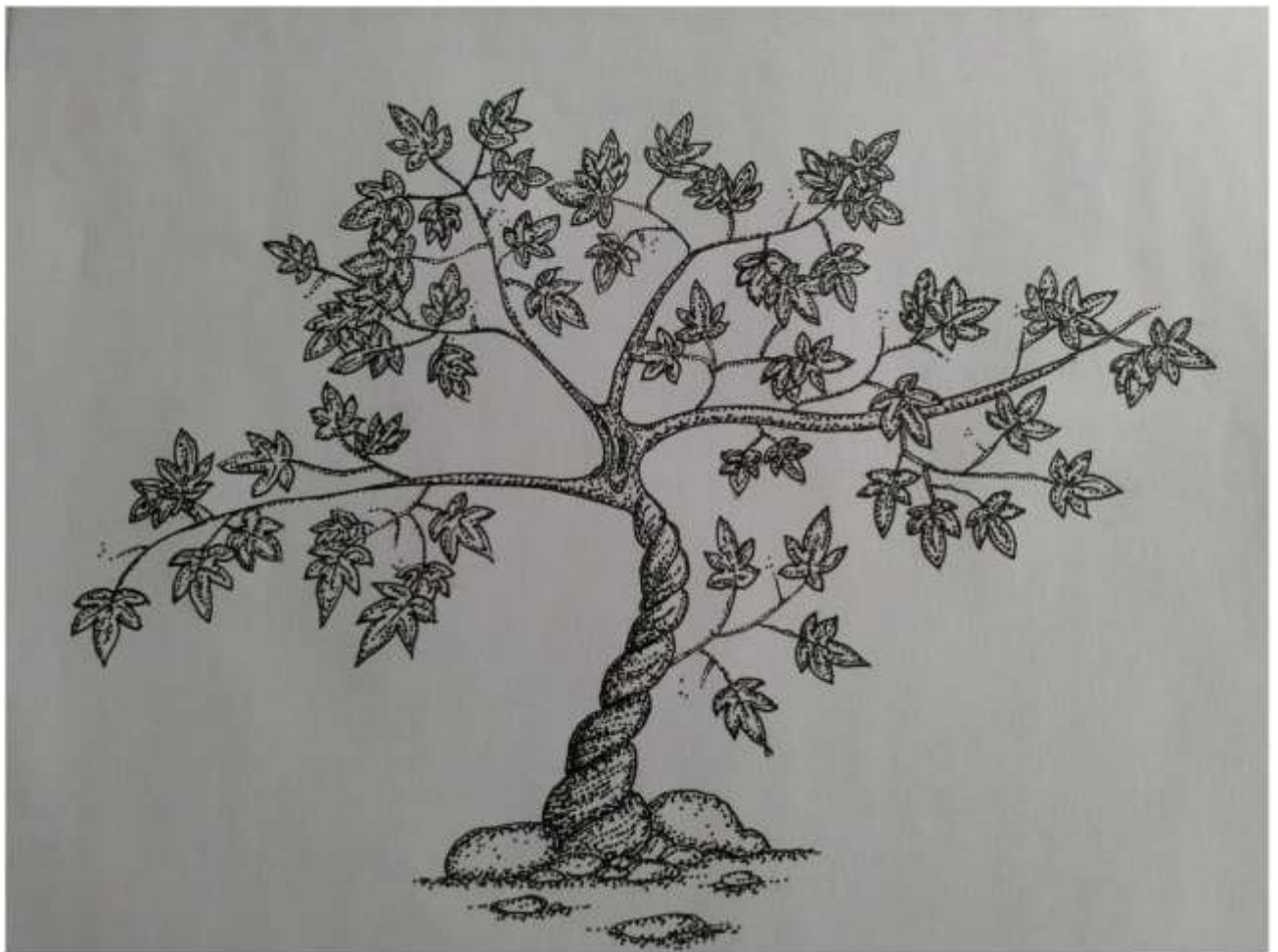


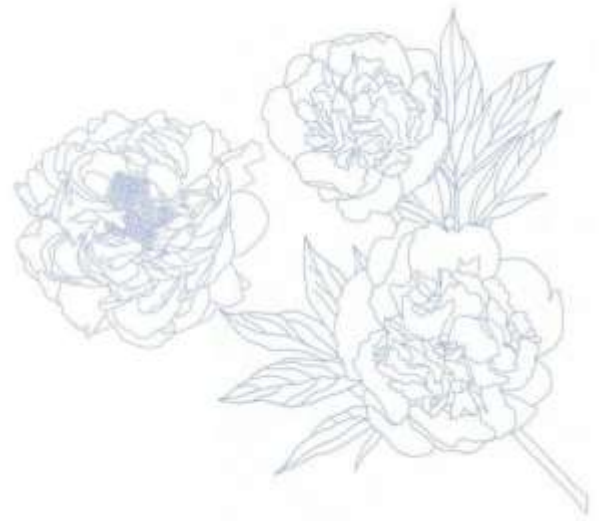
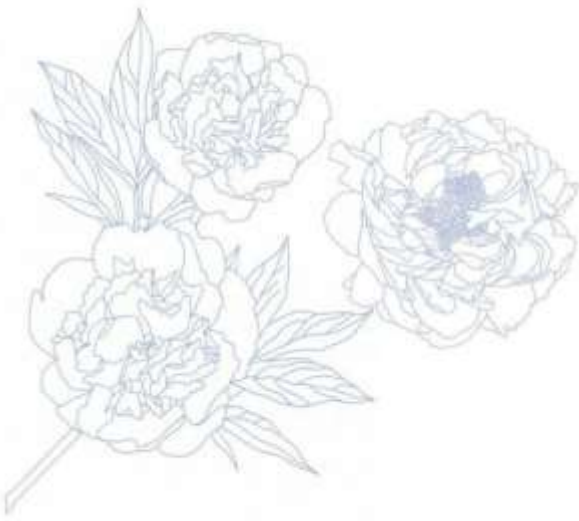
Track 17: Hazel's story the loss of a loved husband: Hazel chose a waterlily to represent her husband Alan





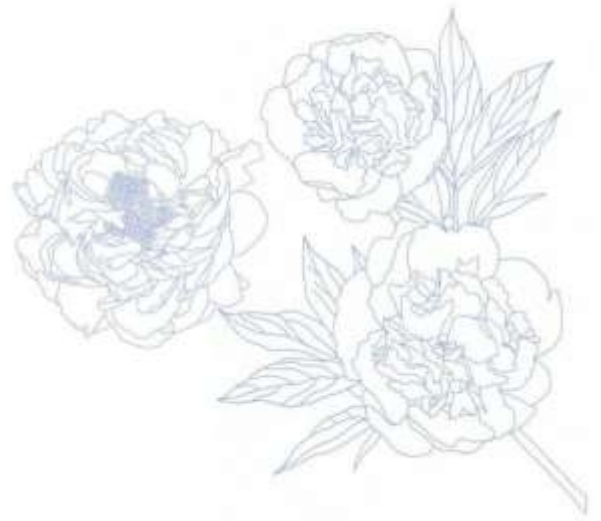
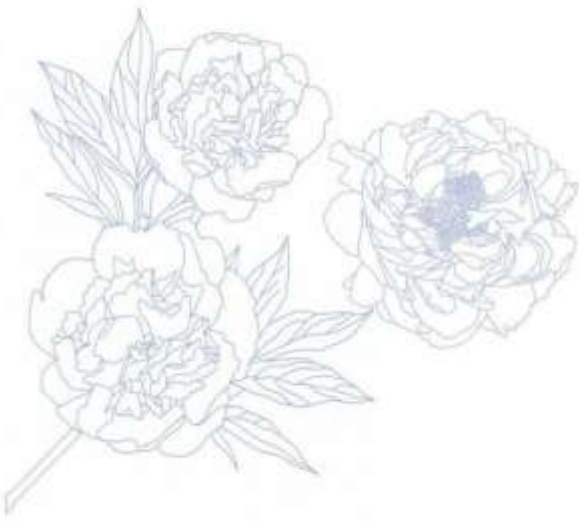
Track 18: Roy's story: the loss of a loved wife: Roy chose an acer tree to represent his wife Anita



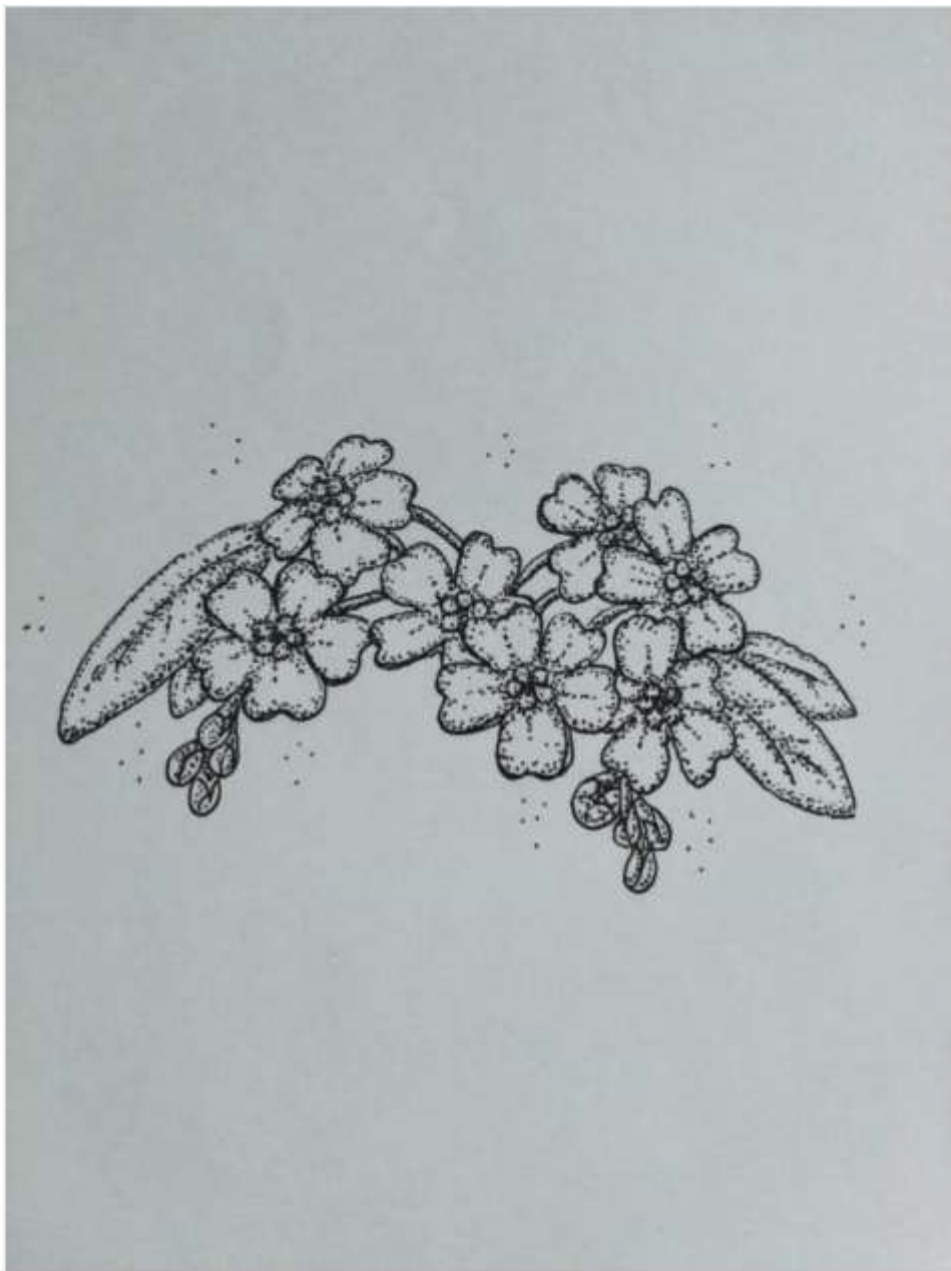


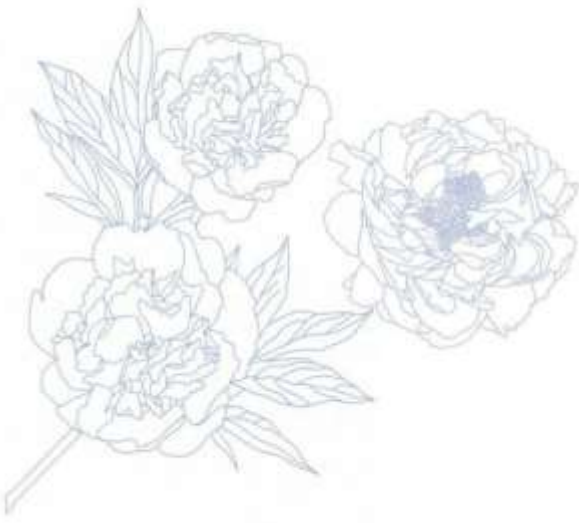
Track 19: Andrew's story the loss of a loved friend: Andrew chose his best friend's beloved dog Chester to represent Mark. Andrew couldn't believe the likeness Angie got with Chester's face ●





Track 20: Hayley's story the loss of a loved pet: Hayley chose a forget me not flower to represent her beloved dog Danny





Track 21: Inspiring quote: 'You NEED to keep watering YOU'

Track 26: Inspiring quote: 'It is possible for the sun to shine again'

