

ISBN: 978-1-917061-49-0

Printed edition:

Also available in multiple e-book formats

Published by:

The Endless Bookcase Ltd,
Suite 14 STANTA Business Centre, 3 Soothouse Spring,
St Albans, Hertfordshire, AL3 6PF, UK

More information can be found at:

www.theendlessbookcase.com

Copyright © 2025 Emma Farrell

All rights reserved

Illustrations by Monika Marzec

Wibberley Wobberley Worries

Featuring Magical Maisie

Part of the Magical Maisie Collection



WORKBOOK

Written by Emma Farrell

Illustrated by Monika Marzec

To parents, teachers, relatives and friends

Communicating with children about big emotions can be difficult. A child's developing brain is imaginative, creative and beautiful. They communicate through play and metaphor rather than the verbal language of adults.

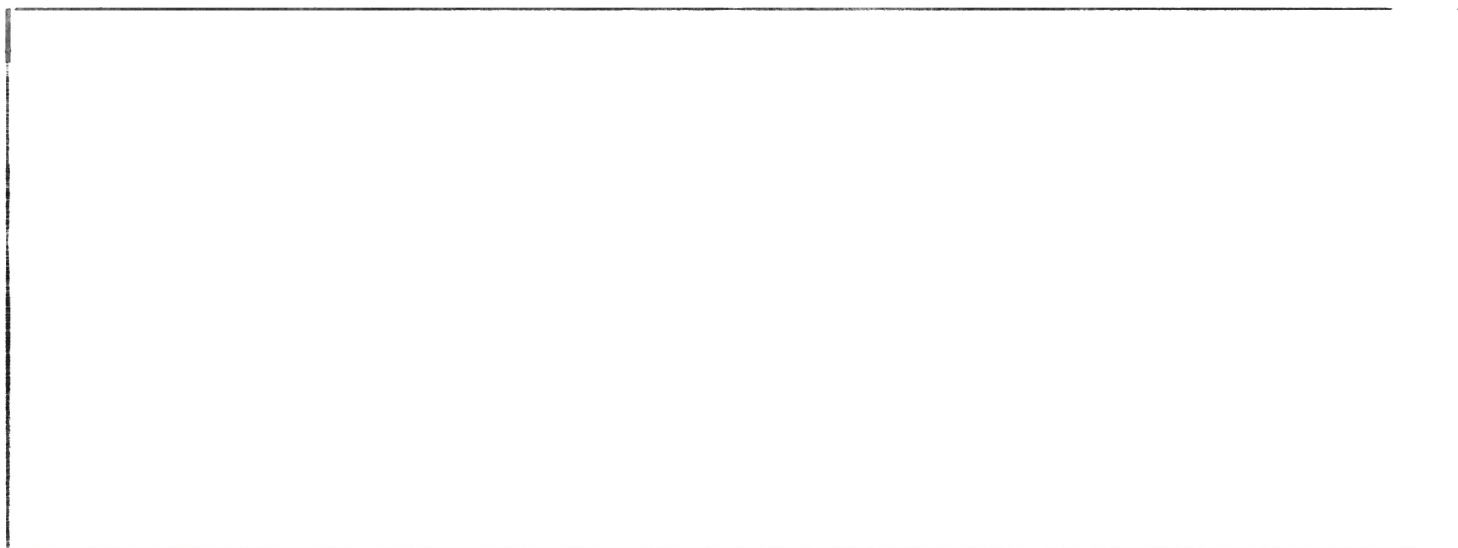
This workbook is designed to help you communicate with children about their experience of difference through the characters of the book. With Magical Maisie's help, Chalky the Chihuahua goes through many emotions to find his superpower and takes children on a journey to find theirs! Through these activities, adult and child can work together to expand current coping mechanisms, discuss emotions and undertake practical tasks to help the child to accept and embrace their differences and their superpower.

This workbook follows Chalky the Chihuahua and friends, through their journey of difference, helping children to identify their feelings through behaviours and bodily sensations, providing practical examples of activities to assist in regulating emotions and ultimately providing a fun way for children to be able to track their journey and find empowerment.

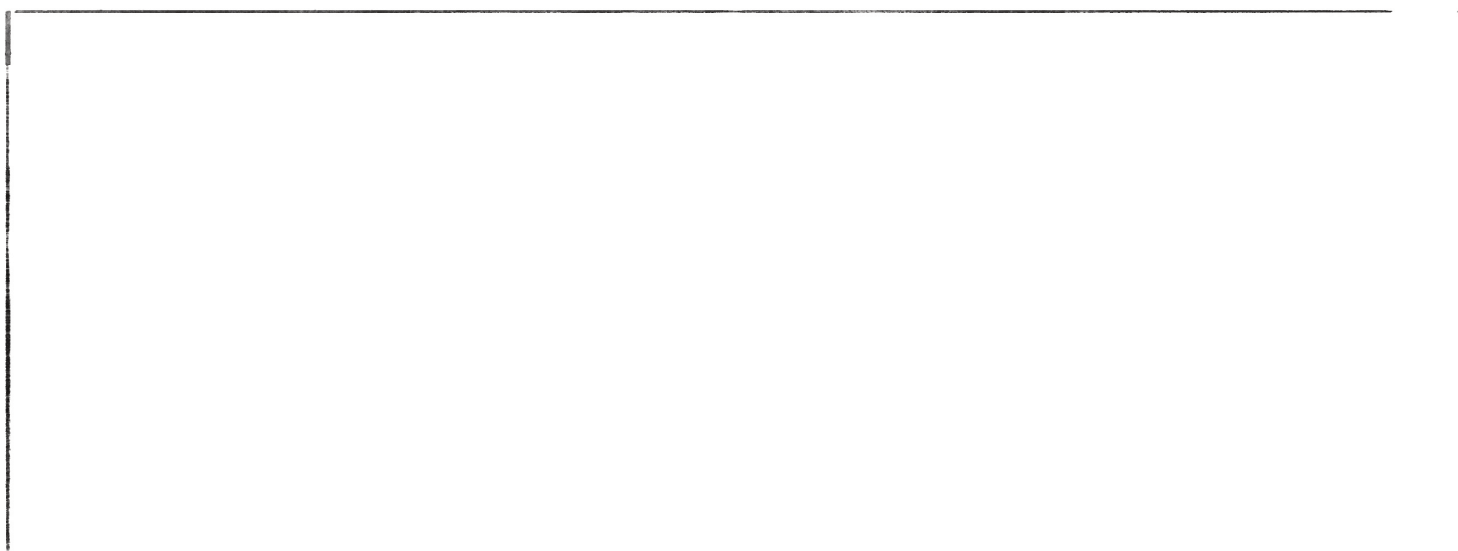
This resource is designed to be used in conjunction with the Wibberley Wobberley Worries story book.



Draw your friends that you like playing with?

A large, empty rectangular box with a thin black border, intended for a child to draw their friends.

What are your favourite things to do?

A large, empty rectangular box with a thin black border, intended for a child to draw their favourite activities.





There are lots of differences that we can see between people, and differences that we can't see, like being helpful.

What differences are there between you and your friends?



.....

.....

.....

.....

.....

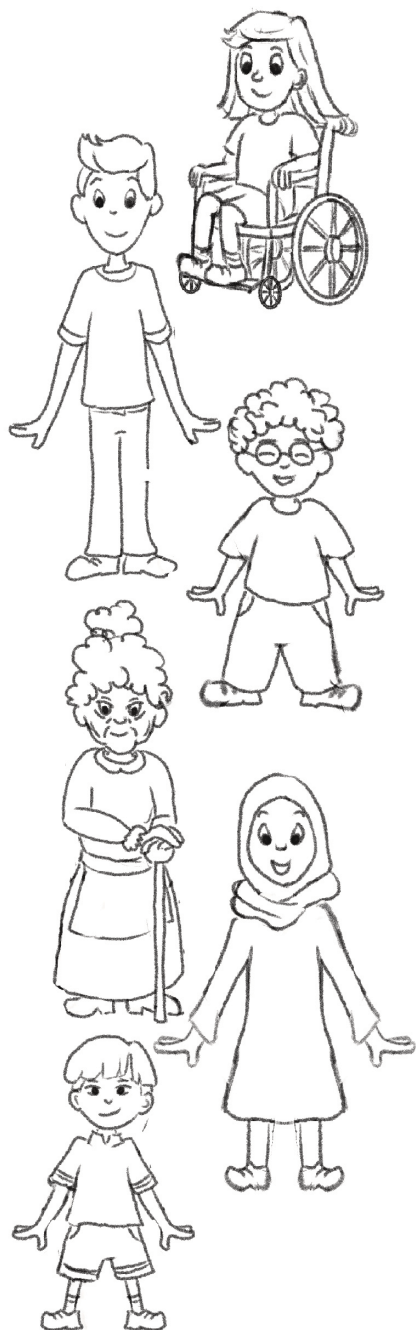
.....

.....

.....



Write one good thing about your friends' differences.

[illegible]

What helps you feel strong and powerful?

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....



Why is kindness important?

.....

.....



How do you think Chalky could be feeling?

.....

.....

We love you!

You tried your hardest!

You're kind!

Well done!

You did well!



I like spending time with you!

How do you think Chalky could be feeling?

.....

.....