

*A Collection of
Inspirational
Guided Prayers*



Jenny Ford

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No matter what denomination you are or beliefs you have, we are all God's children. Let us show kindness and respect to each other, to show goodwill and peace. Let us be more thoughtful and caring to one another and think about what is really important in life.

ACKNOWLEDGMENTS

I thank God for the guidance, inspiration and blessings that have been given to me whilst writing these prayers, and my family for their loving support.

I am truly grateful,
Thank You.

ABOUT THE AUTHOR



Jenny Ford a mum of four – one of whom is a special little angel in heaven – is an author, playwright and radio presenter in her home town of Hertfordshire in the UK. Jenny has been on a whirlwind of a journey since 2013 when she had a spiritual re-awakening, rediscovering her faith which led her on to amazing things, as you can see from the above!

Diagnosed in 2010 with Multiple Sclerosis Jenny had no choice but to give up her successful business as a beauty therapist, she had no idea how much her life was about to change!

Jenny says: ‘No one was more surprised than me when I wrote my first book, actually it was this book! I had no interest in writing at all, not even as a child. I literally just fell into it and it has now become my passion. I guess you can say I was Divinely Guided!’

‘Through the process of writing I have been extremely blessed to have written several books and even a play. I am a strong believer that everything happens for a reason’ and truly believe that without the knocks and challenges I certainly wouldn’t be where I am today!

Whatever challenges we come up against in life, there is always a way forward. Be strong, have faith and believe! I did and look what happen to me!

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A Prayer for World Peace

Dear God,

I ask you to send peace, love and harmony to everyone in the world. Heal those who are suffering, who are in pain. Take away the sadness, anger, fear, resentment that we carry with us, and set us free so we can be at peace. Help us to forgive ourselves so we can forgive others. Fill our hearts with love, respect and compassion for each other.

**We ask this in your name,
Amen**

A Prayer for the Lonely

Dear God,

I ask you please to take care of those that are feeling alone and lonely. Help them to get through each day with peace in their hearts, and bring new people into their lives so they can feel part of a community. Let them feel joy, laughter and happiness.

Thank you